



Passerini's Tanager (*Ramphocelus passerinii*)  
Photo by Stephen Ingraham

## COSTA RICA



POINT & SHOOT NATURE PHOTOGRAPHY with Stephen Ingraham  
November 30 – December 8, 2019

*Discover the abundant neotropical birds and other wildlife inhabiting this small but biodiverse country. Between the majestic Great Green Macaw, colorful tanagers and energetic hummingbirds, learn from an expert photographer and practice your skills as you seek out some of Central America's most beautiful birds and learn about its unique fauna and flora.*

### SPECIAL PROMO: SAVE \$100!

Visit Costa Rica and Guatemala back-to-back! Join this trip and "Photography in the Guatemala Highlands and Tikal with Stephen Ingraham," December 8-15, 2019, and save \$100. See webpage for details.

### PROGRAM HIGHLIGHTS

- Photograph some of the country's most sought-after birds, as well as other wildlife, flora, and stunning landscapes.
- Explore the trails of Selva Verde Lodge's 500-acre rainforest reserve with a regional bird expert for the chance to see the endangered Great Green Macaw.
- Visit the renowned La Selva Biological Station, where more than 450 avian species have been recorded.
- Search for target species like the Resplendent Quetzal in the high elevation cloud forests of San Gerardo de Dota.
- Take part in optional activities like river rafting or horseback riding.

# ITINERARY

BLD = BREAKFAST, LUNCH, DINNER

## NOVEMBER 30 - SAN JOSÉ

Individual arrivals in San José. Check in at the hotel. (Check-in starts at 2 pm.) *Overnight at Hotel Buena Vista.*

## DECEMBER 1 - SARAPIQUÍ

Early birding around the hotel grounds. After breakfast have an orientation with your guide, then check out of the hotel and depart for La Paz Waterfalls and Cinchona. Have lunch at La Paz and visit the hummingbird gardens and butterfly farm. Continue to Selva Verde Lodge & Rainforest Reserve. This afternoon take a hike in the reserve with your guide. Protecting 500 acres of rainforest, Selva Verde offers many covered walks, birding trails, and lookout points. Selva Verde provides opportunities to see species such as the Keel-billed Toucan, Great Green Macaw, White-winged Becard, Sunbittern, Acadian Flycatcher, and Wood Thrush. Boots are available for use if the trails are muddy. Take an optional walk after dinner to discover nocturnal frogs and insects. *Overnight at Selva Verde Lodge. (BLD)*

## DECEMBER 2 - SARAPIQUÍ

This morning depart early for the Organization for Tropical Studies La Selva Biological Station. La Selva is world-renowned for scientific research on rainforest ecosystems and has been studying this forest for more than 50 years. Be on the lookout for the Ornate Hawk-Eagle, Crested Guan, Great Tinamou, Pied Puffbird, and Spectacled Owl as possible sightings. Return to the lodge for lunch. Your afternoon is free to participate in optional activities such as rafting or horseback riding (arranged at the reception after your arrival and paid on-site), spending time by the pool, or looking for avian visitors in Selva Verde's botanical garden area. Later this afternoon enjoy a guided birdwatching hike or take in the river views from the patio overlooking the Sarapiquí River. *Overnight at Selva Verde Lodge. (BLD)*

## DECEMBER 3 - SARAPIQUÍ

Enjoy an early excursion to the Nature Pavilion, a 10-acre reserve with several viewing platforms that attract toucans, trogons, tanagers, and 10 species of hummingbird. This afternoon visit wildlife artist Cope's house to enjoy his natural photo studio with many close-up opportunities. *Overnight at Selva Verde Lodge. (BLD)*

## DECEMBER 4 - SARAPIQUÍ

Take a morning boat ride on the Sarapiquí and/or Puerto Viejo Rivers. Spend some time in the town of Puerto Viejo, with a leisurely return to the lodge for free time this afternoon. *Overnight at Selva Verde Lodge. (BLD)*

## DECEMBER 5 - SAN GERARDO DE DOTA

Travel to the Savegre Valley with lunch en route. This afternoon enjoy time to relax and watch the hummingbird feeders. *Overnight at Savegre Lodge. (BLD)*

## DECEMBER 6 - SAN GERARDO DE DOTA

Spend a full day seeking out Resplendent Quetzal and other birds to photograph around the grounds of the lodge and around the area. Savegre's private biological reserve protects high-elevation habitat of mostly oak forest and highland cloud forest that attracts a huge variety of avifauna. The large centennial oaks are laden with lichens and mosses that contrast with the colorful bromeliads and 170+ bird species. Elevation here is 7,200-8,000 feet. *Overnight at Savegre Lodge. (BLD)*

## DECEMBER 7 - SAN GERARDO DE DOTA

Have another day in the San Gerardo area to explore the high elevation cloud forest. Possible sightings include the Red-fronted

Parrotlet, Costa Rican Pygmy-Owl, Dusky Nightjar, Silvery-fronted Tapaculo, Ochraceous Pewee, Silvery-throated Jay, Black-and-yellow Silky-flycatcher, Volcano Junco, and Timberline Wren. *Overnight at Savegre Lodge. (BLD)*

## DECEMBER 8 - FAREWELL!

Depart for the airport and flights home. Flights should be scheduled to depart after 1 pm. (Check-out is at 12 pm.) (B)

**Important note about airport transfers:** Transfers between the airport and hotel are included in the program cost for the arrival day, and one transfer is included on departure day. The last day's transfer is scheduled for the majority of the group and for a departure time after 1 pm. If some individual flights are not scheduled to depart in time for the group transfer, these travelers are responsible for paying an extra transfer fee (we can provide information about the cost).

## ABOUT YOUR LEADER



**STEPHEN INGRAHAM** was the Birding Product Specialist for ZEISS Sports Optics for 12 years. He is now the Senior Brand Ambassador for Birding. He travels extensively for ZEISS, both nationally and internationally. He has been birding and photographing birds for over 30 years. You can explore his work at [weiw.lightshedder.com](http://weiw.lightshedder.com) or follow his Pic for Today Blog at [p4td.lightshedder.com](http://p4td.lightshedder.com)

## PROGRAM PRICING

**\$1,885** (based on 10 participants)

Includes entrance fees, private vehicle transportation, full-time birding guide, meals, accommodations, and activities as mentioned.

Cost does not include international airfare, gratuities, or items of a personal nature.

## TRAVEL PROTECTION

Holbrook Travel purchases Travel Protection on behalf of all participants traveling in 2018 or beyond. These plans help provide coverage once the trip has departed and offer benefits for Baggage/Personal Effects, Accident & Sickness Medical Expenses, Emergency Evacuation and more.

Optional additional coverage is available in the form of the Group Deluxe Plan, which offers benefits for Trip Cancellation/Interruption, in addition to many other insurance benefits and non-insurance assistance services. If interested in this optional plan, we can provide you with rates and plan details.

## THE FINE PRINT

*Cost is based on double occupancy. For a single room throughout the trip, add \$355 per person. A \$200 per person deposit and enrollment form are required to reserve your space on the trip. This deposit is refundable excluding a \$100 cancellation fee until August 27, 2019, at which time non-refundable final payment is due.*

## FOR MORE INFORMATION OR TO ENROLL:

Visit [holbrook.travel/ingraham-cr19](http://holbrook.travel/ingraham-cr19) or contact Sandy Schmidt at [schmidt@holbrooktravel.com](mailto:schmidt@holbrooktravel.com) or 877-907-5360.